

What is St George Community Services ?

We are a not for profit organisation offering a wide range of services to the frail aged, people with a disability and their carers. All services are subsidised.

What area do we cover ?

Our services are predominately in the St George area. However our Home Shopping and Home Modification Service is available in the Sutherland Shire area.

Where are we located ?

We are conveniently located at Carss Park with plenty of free parking. Turn off the Princes Highway straight onto Carwar Avenue. Follow the road to the intersection of Carlton Crescent. We are on the corner.

'Supported and Connected Communities in the St George and Sutherland Shire areas'



To make a tax deductible donation or bequest, visit
www.ourcommunity.com.au/stgcs



Respectful
Professional
Flexible
Diverse
Impartial
Reliable
Inclusive

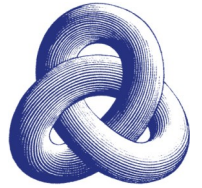
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www.stgcs.org.au

**St George
Community
Services Inc**



**community services
helping you maintain
your independence**



How can we help you?

If you are frail aged or if you have a disability, our services can assist you to live at home independently.

Our services include:

Culinary Express

Delicious meals delivered to your door. We have a huge variety of meals, including soups, desserts and finger food.

Dementia Day Care

A flexible activities based program for clients who have been diagnosed with dementia. This also provides a break for carers.

Domestic Assistance

A home cleaning service for those from a non-English speaking background.



Home Maintenance

Routine household maintenance, including plumbing, electrical work and handyman services.

Home Modification

Specialised jobs, including construction of access ramps and installation of grab rails and hand rails etc. This work is performed by our team of "tradies".

Home Shopping Service

An easy convenient way to do your shopping. Simply call our office, place your order over the phone and select the time and day for delivery. It couldn't be easier!

Information Desk

A community information service. The "desk" is located at Westfield Hurstville and stocks a



wealth of printed material on a variety of subjects. It is staffed by helpful volunteers from 10am to 3pm Monday to Friday. A JP service is also provided.

Shopping Service

Assistance with grocery shopping. Clients are transported to and from the shopping centre by mini bus, assisted by staff and volunteers.

Social Support

Outings and home visits for those who are socially isolated and desire companionship. Outings include bus trips, lunch and the movies etc .

Stroke Support Group

A group meeting for those recovering from the effects of a stroke. The group meets every Tuesday at the Mortdale RSL Club for socialising, exercise, communication classes and lunch.